

the State of New York. She is a Master Practitioner of NLP, Associate Trainer of NLP and Ericksonian Hypnosis, and a National Board Certified Diplomat of Clinical Hypnotherapy. Her areas of expertise are anxiety, PTSD, depression, chronic pain, play therapy, grief counseling, crisis intervention and women's issues.

**PLEASE CONTACT US IF YOU HAVE ANY QUESTIONS:**

**Daniel H Decker: 703-369-2643**

**Email: [ssemc2002@aol.com](mailto:ssemc2002@aol.com)**

**Dr. Liotta & Rosemary Lake-Liotta:**

**518-891-0924**

**Email: [rliottaphd@aol.com](mailto:rliottaphd@aol.com)**

**Web site: [www.change-paths.com](http://www.change-paths.com)**

**NOTE:** A certificate of attendance will be issued at the workshop's completion for 18 CEUs.

**WORKSHOP SCHEDULE:**

Friday, May 2, 2008

12:30 – 1:00 PM Arrival and Registration

1:00 – 6:30 PM Workshop

Saturday, May 3, 2008

9:00 AM – 6:00 PM Workshop

Sunday, May 4, 2008

9:00 AM – 3:30 PM Workshop

*Refreshments, coffee, tea, and water will be provided. Lunch is on your own.*

**HOTEL SUGGESTION:**

The Hampton Inn Manassas

7295 Williamson Boulevard

Manassas, VA 20109

(703) 369-1100

Free breakfast, exercise room, 10%

discount at TGI Fridays

Rooms available for \$99

Make reservations before April 16<sup>th</sup>

**TUITION FEE:** \$225 before 4/16/08,

\$250 after 4/16/08. Payable by Check or

Money Order sent to ITS or by credit card

through PayPal online at:

[www.integratedtreatmentsystems.com](http://www.integratedtreatmentsystems.com)

and click "Seminar Payment."

**REFUND POLICY:** Refund less \$75

cancellation fee with **written request**

(certified mail) received 14 days prior to the workshop.

**ENROLLMENT FORM**

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NAME

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ADDRESS

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CITY

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**INTEGRATED TREATMENT SYSTEMS**

**AN INTRODUCTION  
TO ERICKSONIAN  
HYPNOSIS AND  
NEURO-LINGUISTIC  
PROGRAMMING IN  
BRIEF  
PSYCHOTHERAPY**

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May 2, 3, 4, 2008

at

The ITS Training Center

7534 Diplomat Drive

Suite 202

Manassas, VA 20109

703-369-2643

## Seminar Goals:

Through presentations, practice, & demonstrations, attendees will be introduced to the following aspects of Ericksonian Hypnosis:

- Establishing and sustaining rapport both consciously and unconsciously
- Clarifying the interconnectedness of Ericksonian hypnosis, brief therapy, & neuro-linguistic programming
- Effectively utilizing patterns of hypnotic induction, anchoring & suggestion
- Discerning client language and thought patterns to enhance change operations
- Managing resistance in a manner that facilitates change processes
- Facilitating self-hypnosis for resource reinforcement & ongoing growth
- Utilizing hypnosis in solution-focused strategies for efficient treatment of symptoms including anxiety and compulsive behavior

## Curriculum:

### Orientation to Hypnosis:

- Defining Hypnosis
- A history of Ericksonian hypnosis and the development of neuro-linguistic programming
- Myths and realities of hypnosis
- Tests for hypnosis and unconscious communication
- Presuppositions of Ericksonian Hypnosis
- Contraindications of hypnosis
- Hypnosis as an effective brief treatment methodology and supplement to other treatment modalities

### Induction Process:

- Establishing and sustaining rapport
- Observation skills for quality sensory-based data
- Respecting the client in induction and the change process
- Pacing and leading
- Patterns of induction

### Hypnosis and the Basic Change Process:

- A clear definition of the problem state
- Character of a well-formed outcome
- Accessing and utilizing resources
- Putting the pieces together, The Basic Change Plan in brief treatment
- Future pacing, generative suggestions, and systemic ecological considerations

### Conclusion and Debrief:

- Questions, review, future directions
- Integrating the skills learned into your clinical practice

## ASSOCIATE TRAINERS:

**Daniel H. Decker** is a Licensed Professional



Counselor and a Licensed Marriage and Family Therapist and has been practicing and teaching in the field of counseling for more than twenty years. He serves as a clinical supervisor for licensing in the State of Virginia and served on the Examination Committee for development and standardization of exam material for the National Board for Certified Clinical

Hypnotherapists. He is a Certified Master Practitioner of NLP and Ericksonian Hypnosis, an Associate Trainer of NLP and Ericksonian Hypnosis and a National Board Certified Diplomate and Fellow of Clinical Hypnotherapy. Presently Mr. Decker is the Chief Executive Officer of Integrated Treatment Systems, LLC (ITS) and maintains a clinical practice in Northern Virginia. In addition, he is a behavioral consultant and advisor for businesses.

**Richard F. Liotta, Ph.D.** Dr. Liotta received



his Ph.D. in Clinical Psychology from DePaul University. He is a Licensed Psychologist in Private Practice in Upstate New York. He has more than 20 years of diverse professional experience. He has authored peer

reviewed journal articles and presents on a variety of mental health topics. In addition to psychotherapy, his practice includes Life Effectiveness facilitation, consultation to community agencies, forensic evaluations, and he is often called as an expert witness. He is a Master Practitioner of NLP and Ericksonian Hypnosis, Associate Trainer of NLP and Ericksonian Hypnosis, and a National Board Certified Diplomate in Clinical Hypnotherapy.

**Rosemary Lake-Liotta, L.C.S.W.** is a



Licensed Clinical Social Worker in private practice in Upstate New York. A former EMT Trainer, she has extensive experience in crisis intervention and burnout prevention. Over the past ten years she has worked extensively with

teens, children, families, and adults. She is also a clinical supervisor for social work licensure in